A list of erotic ideas to help you explore your interests, curiosities, and boundaries, during solo sex or partnered sex.

YES	NO	MAYBE		YES	NO	MAYBE
ANAL SEX/PEGGING (			COCK RINGS/STRAPS	$\bigcirc$	$\bigcirc$	$\bigcirc$
AFTERCARE (	$\bigcirc$	$\bigcirc$	COCK WORSHIP	$\bigcirc$	$\bigcirc$	
BEATING (HANDS) $\bigcirc$	$\bigcirc$		CONSENSUAL NON- CONSENT	$\bigcirc$	$\bigcirc$	
BEATING (PADDED CLUBS)	$\bigcirc$	$\bigcirc$	CORSETS	$\bigcirc$	$\bigcirc$	
BEGGING (		$\bigcirc$	CROSS-DRESSING	$\bigcirc$	$\bigcirc$	$\bigcirc$
BEING BITTEN _		$\bigcirc$	CUFFS (LEATHER/METAL)	$\bigcirc$	$\bigcirc$	
BEING SERVICED (SEXUAL)			CUCKOLD			
BITING (		$\bigcirc$	DILDOS	$\bigcirc$	$\bigcirc$	
BLINDFOLDS (	$\bigcirc$	$\bigcirc$	DIRTY TALK	$\bigcirc$	$\bigcirc$	
BODY PAINT		$\bigcirc$	DOUBLE Penetration	$\bigcirc$	$\bigcirc$	
BONDAGE (HEAVY/SUSPENSION)			EJACULATION (FACE)	$\bigcirc$		
BONDAGE (INTRICATE/KINBAKU) BONDAGE (LIGHT)	$\bigcirc$	$\bigcirc$	EJACULATION (VAGINA)	$\bigcirc$	$\bigcirc$	$\bigcirc$
BRUISES			EJACULATION (ANUS)	$\bigcirc$	$\bigcirc$	
BUTT PLUGS			EJACULATION (BODY)	$\bigcirc$	$\bigcirc$	$\bigcirc$
CAGES (LOCKED INSIDE OF)			EROTIC DANCING	$\bigcirc$	$\bigcirc$	
CANING			EXHIBITIONISM	$\bigcirc$	$\bigcirc$	
CHAINS			EYE CONTACT	$\bigcirc$	$\bigcirc$	$\bigcirc$
CHASTITY BELTS			FACE SLAPPING	$\bigcirc$	$\bigcirc$	0/
CLOTHESPINS			FISTING			

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YES	NO	MAYBE		YES	NO	MAYBE
FLOGGING (	$\bigcirc$	$\bigcirc$	MANACLES & IRONS	$\bigcirc$		$\bigcirc$
FOLLOWING ORDERS $\bigcirc$	$\bigcirc$		MANICURES (GIVING)			
FOOD PLAY	$\bigcirc$		(GIVING)  MANICURES			
FOOT WORSHIP	$\bigcirc$	$\bigcirc$	(RECEIVING)	$\bigcirc$		$\bigcirc$
GAGS (CLOTH/TAPE)	$\bigcirc$	$\bigcirc$	MARKS (GIVING)		$\bigcirc$	
GENITAL SEX			MARKS (RECEIVING)	$\bigcirc$		$\bigcirc$
HAIR PULLING			MASSAGE (GIVING)	$\bigcirc$	$\bigcirc$	
hairbrush O	$\bigcirc$	$\bigcirc$	MASSAGE (RECEIVING)			
spankings O	$\bigcirc$	$\bigcirc$	MODELING FOR Erotic Photos		$\bigcirc$	$\bigcirc$
HAND JOBS (GIVING)	$\bigcirc$	$\bigcirc$	MUTUAL Masturbation			
HAND JOBS (RECEIVING)	$\bigcirc$	$\bigcirc$	NIPPLE PLAY "Torture"		$\bigcirc$	
HEAD (GIVING)	$\bigcirc$	$\bigcirc$	NUDIST RESORT			
HEAD (RECEIVING)	$\bigcirc$	$\bigcirc$	ORAL/ANAL PLAY			
HIGH HEELS $\bigcirc$	$\bigcirc$	$\bigcirc$	(RIMMING)	$\bigcirc$		
HUMILIATION (	$\bigcirc$	$\bigcirc$	ORGASM DENIAL	$\bigcirc$	$\bigcirc$	
HOT WAXING $\bigcirc$	$\bigcirc$	$\bigcirc$	OUTDOOR SEX	$\bigcirc$	$\bigcirc$	
ICE CUBES (	$\bigcirc$	$\bigcirc$	OVER-THE-KNEE Spanking	$\bigcirc$	$\bigcirc$	$\bigcirc$
KNEELING	0	0	PAIN (MILD TO			
LEATHER CLOTHING	0		SEVERE)			
LINGERIE (WEARING)		$\bigcirc$	PEDICURES (GIVING)	$\bigcirc$	$\bigcirc$	
LIFESTYLE EVENT		O	PEDICURES (RECEIVING)	$\bigcirc$		

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YES	NO	MAYBE		YES	NO	MAYBE
PHONE SEX		$\bigcirc$	SHAVING	$\bigcirc$		$\bigcirc$
PINCHING (	$\bigcirc$	$\bigcirc$	SHOE/BOOT Worship			
PLAY KIDNAPPING (	$\bigcirc$	$\bigcirc$	SKINNY-DIPPING			
PUBLIC SEX (	$\bigcirc$					
PUNISHMENT SCENE	$\bigcirc$	$\bigcirc$	SLUTTY CLOTHING (PRIVATE / PUBLIC)		$\bigcirc$	$\circ$
PUSSY/COCK (	$\bigcirc$		SPANKING	$\bigcirc$	$\bigcirc$	$\bigcirc$
WHIPPING/SPANKING (	$\bigcirc$		SPITTING ON BODY	$\bigcirc$	$\bigcirc$	$\bigcirc$
READ EROTICA \(\cap \) TOGETHER	$\bigcirc$		SPITTING IN MOUTH	$\bigcirc$	$\bigcirc$	$\bigcirc$
RESTRAINTS ()			SPREADER BARS	$\bigcirc$		$\bigcirc$
RIDING CROPS			STANDING IN Corner	$\bigcirc$		
ROLE PLAY			STOCKS			
RUBBER/LATEX CLOTHING			STRAP-ON DILDOS	$\bigcirc$	$\bigcirc$	$\bigcirc$
SAFE WORDS			SWALLOWING SEMEN	$\bigcirc$	$\bigcirc$	$\bigcirc$
SARAN WRAPPING			SWAPPING (WITH ONE OTHER			
SCENES (PRISON, RELIGIOUS, ETC.)			(WITH ONE OTHER COUPLE)			
SCRATCHING (GIVING)			SWINGING (MULTIPLE COUPLES)	$\bigcirc$	$\bigcirc$	$\bigcirc$
SCRATCHING (RECEIVING)			SWITCHING (DOM/SUB)	$\bigcirc$	$\bigcirc$	$\bigcirc$
SERVING AS A			TATTOOING			$\bigcirc$
MAID/BUTLER			TEASING	$\bigcirc$		
SEX CLUB (	$\bigcirc$		TENS UNIT (TOY)			
SEX PILLOW						



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YES	NO	MAYBE		YES	NO	MAYBE
TEXTURE PLAY (FEATHERS, SILK, SATIN, ETC)	$\bigcirc$	$\bigcirc$	VOYEURISM (WATCHING OTHERS)		$\bigcirc$	$\bigcirc$
THUMBCUFFS (METAL) OTHREESOME			WEARING SYMBOLIC JEWELRY	$\bigcirc$	$\bigcirc$	$\bigcirc$
TICKLING			WHIPS	$\bigcirc$	$\bigcirc$	$\bigcirc$
TRIPLE PENETRATION UNIFORMS		0	WIRELESS SEX TOY WITH REMOTE CONTROL (PUBLIC	$\bigcirc$	$\bigcirc$	$\bigcirc$
URINE PLAY (GOLDEN SHOWERS)	$\bigcirc$		OR PRIVATE USE)			
VIBRATOR ON O GENITALS	$\bigcirc$		WOODEN PADDLES WRESTLING			
VIDEO (RECORDINGS OF YOU)	$\bigcirc$	$\bigcirc$	OTHER			
VIDEO (WATCHING	$\bigcirc$	$\bigcirc$			$\bigcirc$	$\bigcirc$
OTHERS)  VIOLET WAND				. 0	$\bigcirc$	$\bigcirc$
(ELECTRICAL TOY)					$\bigcirc$	$\bigcirc$
VISIT A SEX SHOP TOGETHER	$\bigcirc$	$\bigcirc$			$\bigcirc$	$\bigcirc$
	$\bigcirc$	$\bigcirc$			$\bigcirc$	$\bigcirc$

TERMS TO LOOKUP



What would turn a "maybe" to a "yes," if anything? Reminder, saying "yes" is not a requirement. Boundaries do not need justification.

WHAT QUESTIONS DO YOU HAVE ABOUT MAKING A "MAYBE" A "YES?"
WHAT FEARS DO YOU HAVE ABOUT MAKING A "MAYBE" A "YES?"
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CONSENT IS SEXY. CONSENT IS MANDATORY.



Partners, what do you have in common?

## YES MAYBE

LET'S SET A DATE!

WILL WE USE A SAFE WORD? IF SO, WHAT?



Take some time to process your experience. Be present and honest, with yourself and your partner.

PARTNER 1: AFTERCARE NEEDS	PARTNER 2: AFTERCARE NEEDS
DEBRIEF: WHAT DID YOU LIKE (WHY)?	WHAT DIDN'T WORK FOR YOU? (WHY NOT?)

WHAT'S NEXT? MORE OF THE SAME, OR SOMETHING NEW?

